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Title: Herbs for Healing

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This book will cover the practice of using herbal remedies to cure every day illnesses, treat wounds, and counteract poisons.

The student of Herbalism knows that there is a certain stigma surrounding the use of certain herbs. As we know, many herbs have use in the arcane arts.

Obviously, Herbalism is seperated from Alchemy or Magery in their use of said herbs, for the preparations and use of the herbs in Herbalism is entirely natural and in no way magical in nature.

The most common healing herb is Garlic. It has a reputation of being able to repel the undead, specifically vampires, and it holds a place in many a paranoid individual's home.

These legends come from the fact that Garlic is a powerful protection against common illnesses, colds, pox, flus, etcetera. When taken whole, Garlic produces an undesirable aura about the person as it is secreted through their sweat, but it also provides them much protection against common illnesses. Garlic requires littler preparation to be used medicinally.

Next comes Ginseng. it is a known

energy-giver and can be prepared rather simply to be administered medicinally. It must be ground carefully in to a fine powder, and then dissolved within water (do not dilute it too much) and it produces a drinkable solution that will guard against fatigue.

Mandrake also has a stigma surrounding it. It is rumored that a mandrake is living, and when the root is pulled from the ground, it emits a cry that will kill any humans who hear it. Contrary to that legend, Mandrake is quite harmless in its ordinary form. In fact, it can be quite helpful when procured right. Again, when this root is ground in to a fine powder and mixed with water, it increases the taker's physical energy, while Ginseng simply guards against fatigue in physical actions.

Next comes Bloodmoss, which often grows in shady, moist areas beneath large trees.

Bloodmoss, though bitter in its normal form, can be consumed raw. Few preparations are involved in the use of bloodmoss due to its already malleable and consumable form. When consumed raw, Bloodmoss increases the taker's capacity of thought. Perfect for stress and dilemmas.

The Black Pearl is misnamed, though it does resemble a pearl. The Black Pearl is in fact the meaty fruit of an unknown, subterranean

plant that deposits its  
fruit to the surface.  
Further studies in to the  
origins of the Black Pearl  
have not yet been  
pursued. The most widely  
accepted preparation of  
Black Pearl is to blanch  
it in hot water, loosening  
the pearly-black skin from  
the meat of the fruit  
itself, and peeling it.  
Once peeled, it can be  
chopped in to small pieces  
and perhaps served with  
the patient's meal, due to  
its bland flavor. Black  
Pearl, when consumed,  
restores magical energy in  
a patient that has been  
forcefully drained. A  
lesser known use is to  
mash it in to a paste  
and mix it with Ginseng,  
which when consumed, will  
guard against internal  
injury and mental injury,  
such as ruptures, hernias,  
concussions, etcetera.

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